



# Targeted MS and its Application in Biology and Medicine

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# Discovery defines a reduced set of “sentinel” marks that need to be repeatedly measured in a range perturbations

## Perturbations:

- Disease
- Development
- Drug
- KO/KI

Not all proteins and PTMs of interest observed in all experiments

## Analyte Valley of Death



Past: Westerns;  
Immunoassays

## Desired assay properties:

- Highly specific
- Sensitive
- Highly precise
- Multiplexed
- Interference-free

Precisely measure selected analytes in all experiments – no missing data!

# Conventional protein measurement methods have major limitations

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Properties of the Measurements	Western blotting	Immunoassay
Specificity of method	Highly variable	Good
Standards (proteins) available for analytical validation	No	Few
Internal standards used for high inter-laboratory reproducibility	No	No
Validated assays for high % of proteome	No	No
Quantitative	No to semi	Yes
Moderate-to-high throughput	No	Yes
Can be highly (e.g., >20) multiplexed	No	No
Interferences detectable and avoidable	No	No
New assays easy to generate (time, reagents, cost, expertise)?	No	No

# Targeted proteomics: hypothesis-driven technology for biology and medicine

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Classic “Discovery” MS



Targeted MS Methods



- Lots of “arrows” shot
- Many, many peptides hit
- What you hit is not up to you
- Peptides not repeatedly detected across experiments
- Good relative quantification if labeling is used

- Fewer arrows shot
- Fewer peptides hit
- What you hit is defined by user
- All selected peptides hit all the time
- Quantification is highly precise and can be accurate using internal standards.
- 50-1000x more sensitive than Discovery

# How targeted MS (MRM-MS) differs from conventional MS/MS

## MS/MS Operating Mode

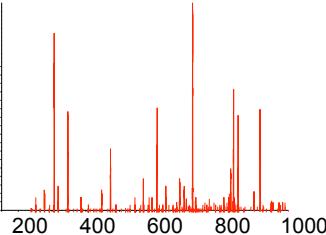
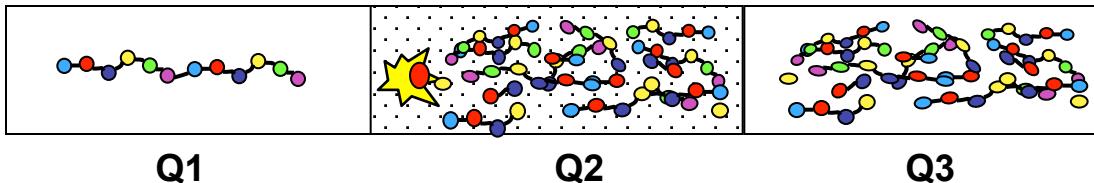
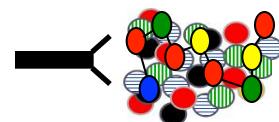
Ionize all peptides

Mass-select peptide ion

Fragment peptide ion

Detect all fragment ions

Mass spectrum



200 ms

## MRM-MS

Triple quadrupole mass spectrometer

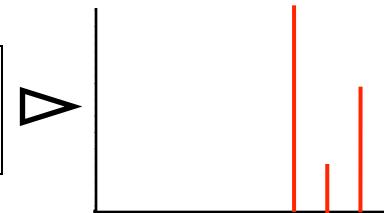
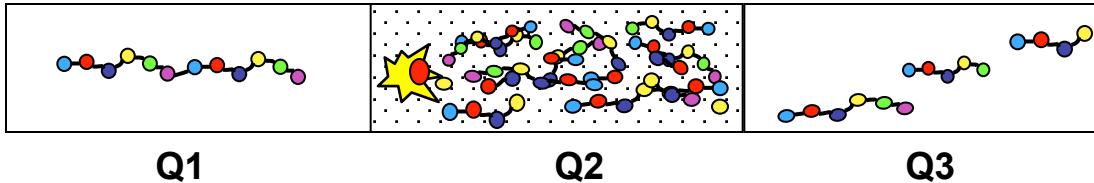
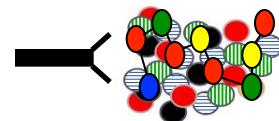
Ionize all peptides

Mass-select peptide ion

Fragment peptide ion

Monitor 3 fragment ions

MRM spectrum



10 ms

Triple quadrupole mass spectrometer

# Terminology:

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**SRM** – Selected Reaction Monitoring

**MRM** – Multiple Reaction Monitoring

} Refer to the same targeted MS method on a triple quadrupole Mass spectrometer

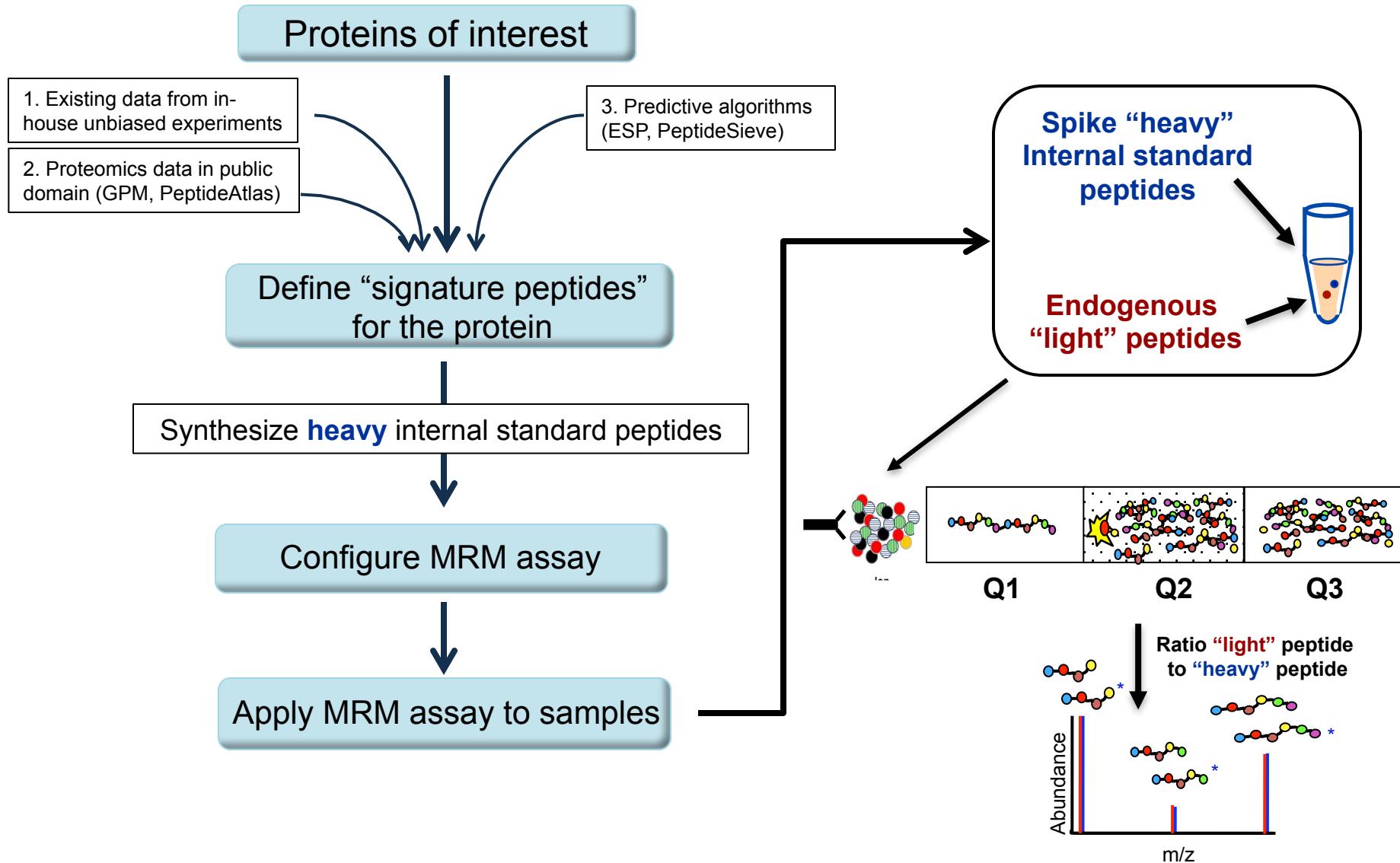
**PRM** – Parallel Reaction Monitoring →

Refers to a targeted MS method on high resolution MS instrument

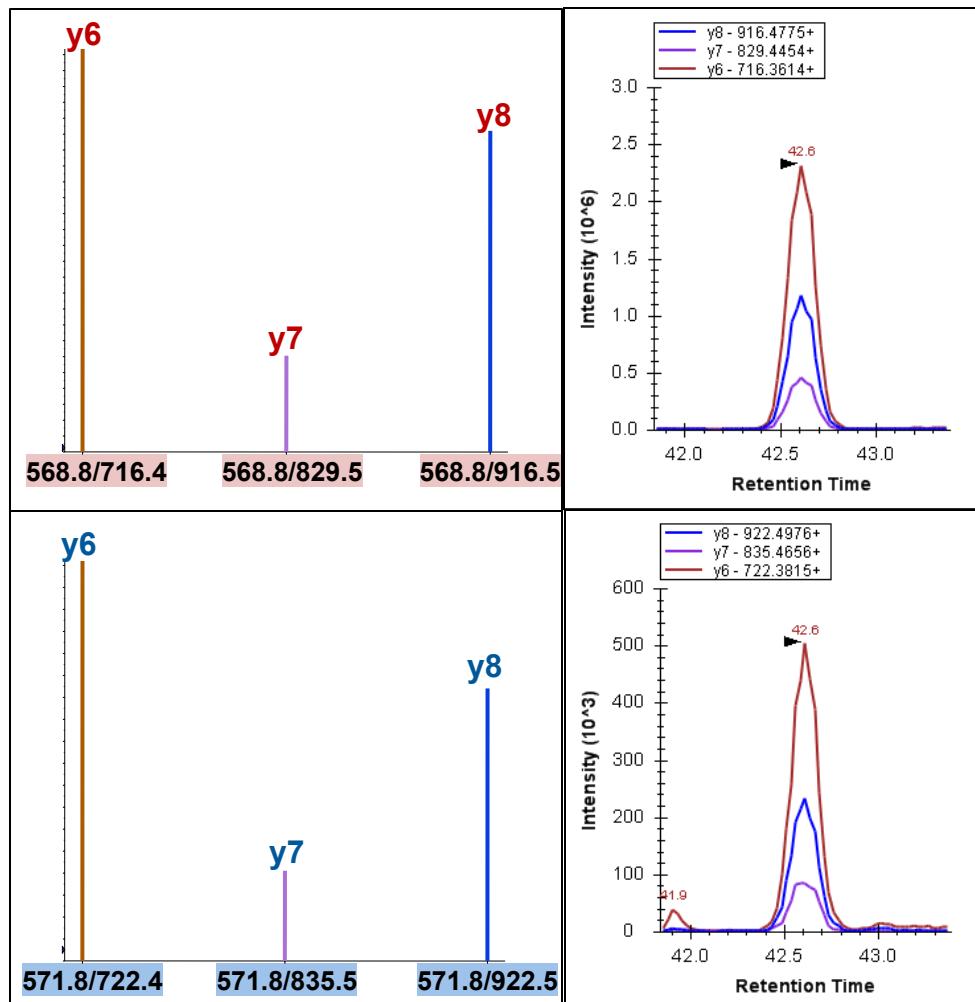
**Transition** – Precursor coupled to a specific product ion  
(Q1/Q3 pair)

**Peak Area Ratio (PAR)** –  $\frac{\text{Peak Area (light)}}{\text{Peak Area (heavy)}}$

# MRM assay construction



# Monitoring a pair of $^{12}\text{C}/^{13}\text{C}$ peptides by MRM-MS



$$\text{MH}^+ = 1136.6$$
$$[\text{M}+2\text{H}]^{2+} = 568.8$$



$$\text{MH}^+ = 1142.6$$
$$[\text{M}+2\text{H}]^{2+} = 571.8$$

$$\text{PAR} = \frac{[^{12}\text{C}_6] \text{ Peak Area}}{[^{13}\text{C}_6] \text{ Peak Area}}$$

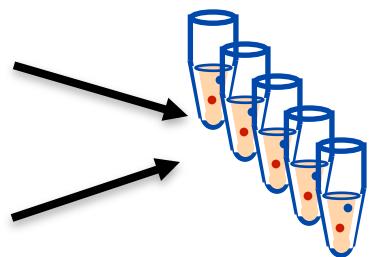
# Key Steps in Developing Targeted Quant. Assays

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- Selection of Targets
  - Empirical MS data or known targets of interest?
  - Synthesis of heavy and light peptide targets
- Characterization of Targets
  - Selection of transitions and assay optimization
- Determination of Assay Figures of Merit
  - LOD/LOQ
  - Assay Precision
- Testing on typical samples
  - Demonstrates robustness of assay
  - Surveys assay for utility in samples of interest
- Application to real samples

# Response Curves and Figures of Merit

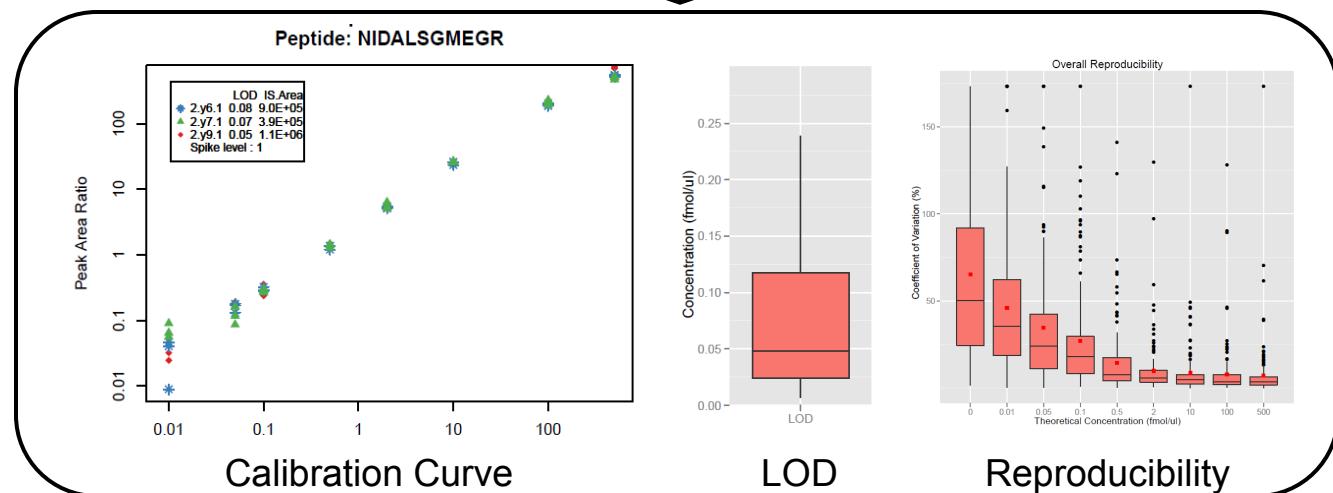
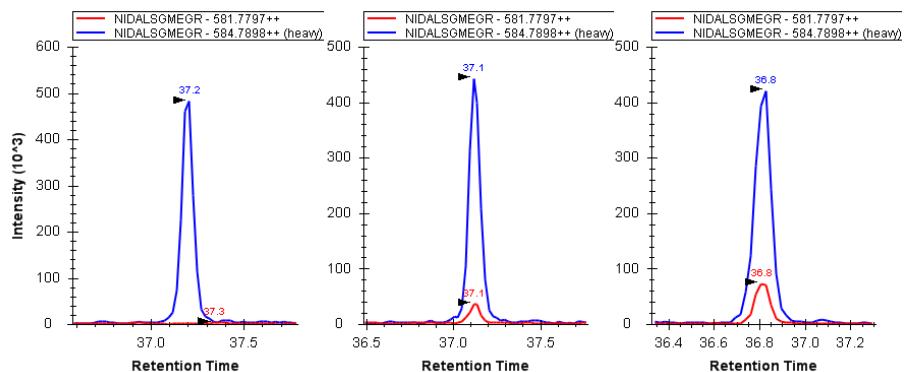
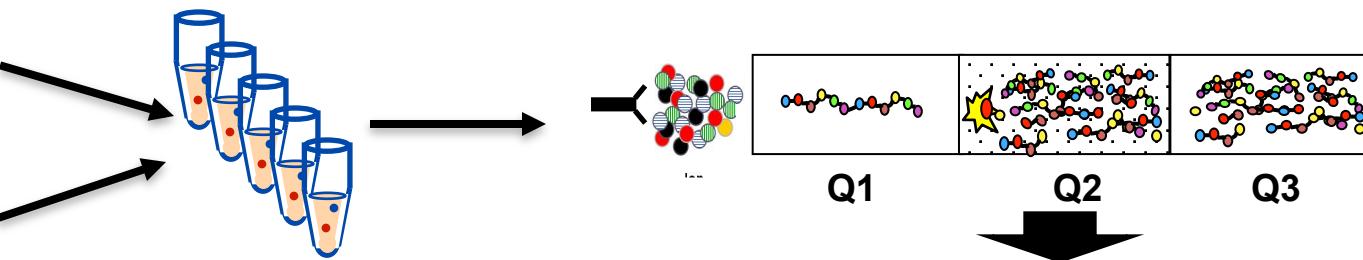
Heavy peptide at constant conc.



Light peptide at varying conc.

Light	Heavy
0	0.5
0.05	0.5
0.1	0.5
0.5	0.5
1	0.5

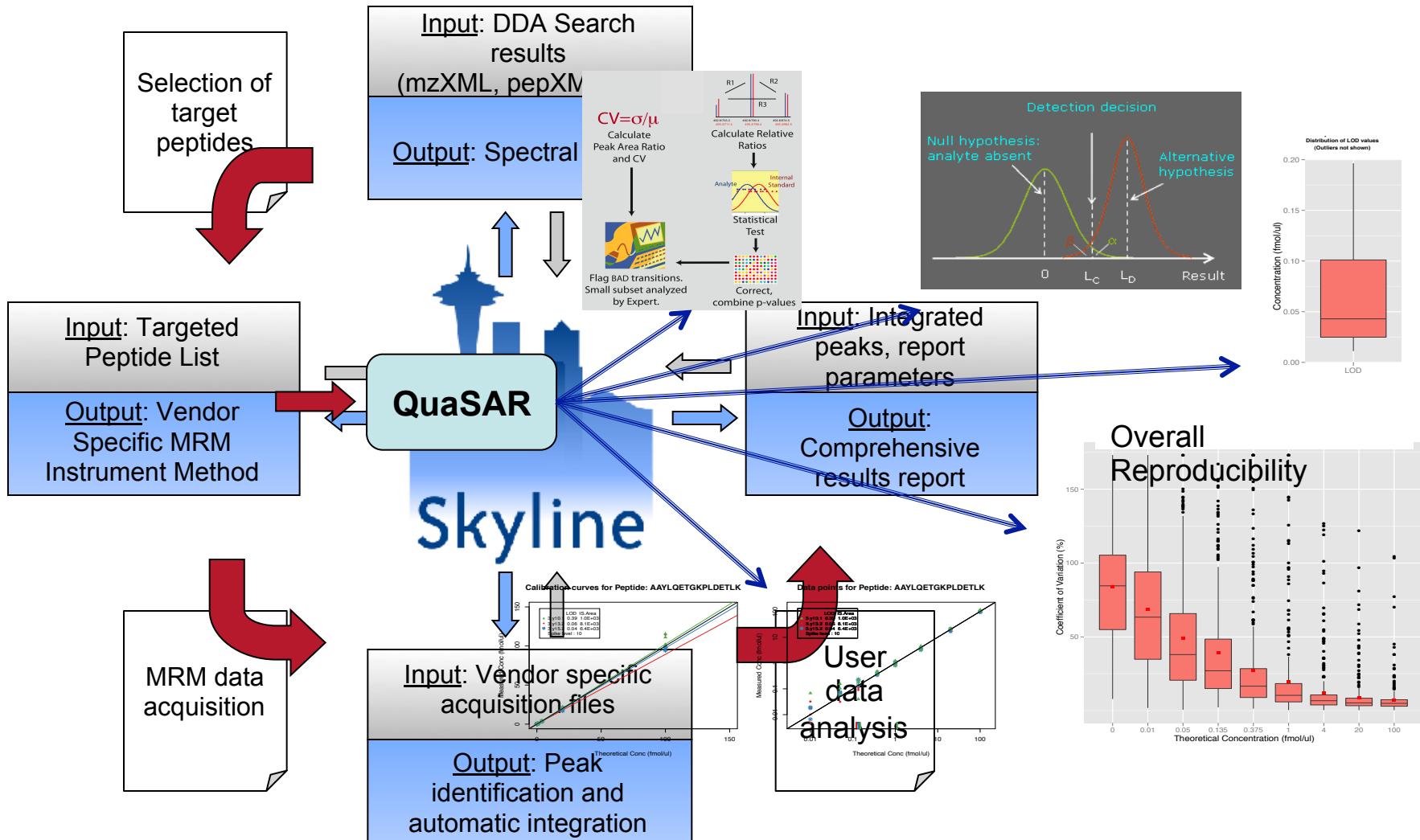
Relevant Background



# Skyline: an essential free tool for targeted assays

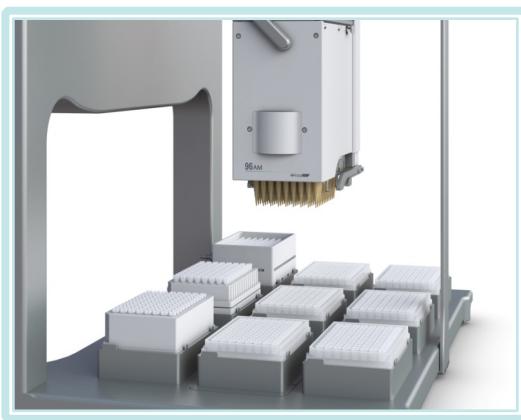
## QuaSAR: fully integrated into Skyline

[skyline.gs.washington.edu](http://skyline.gs.washington.edu)

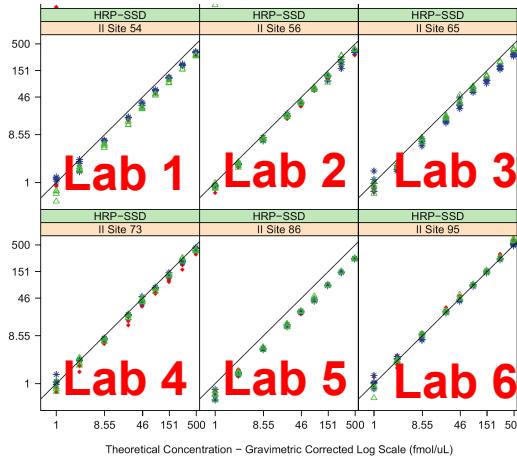


# MRM-MS is precise, reproducible, robust, and can be highly multiplexed

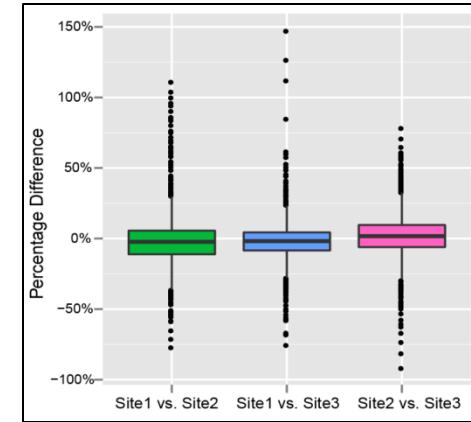
## Automated Sample Processing



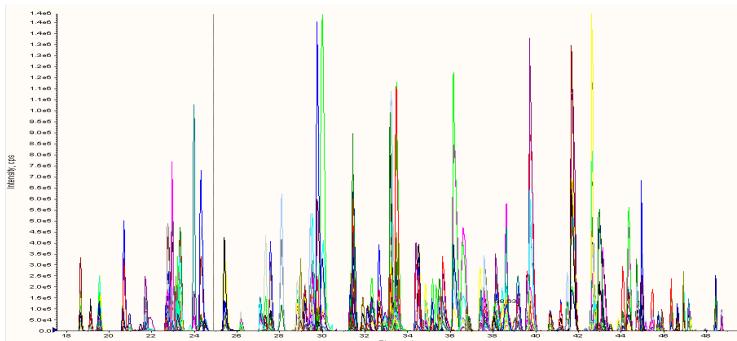
## Precise and Reproducible



## Robust



## High Multiplex and Information Content

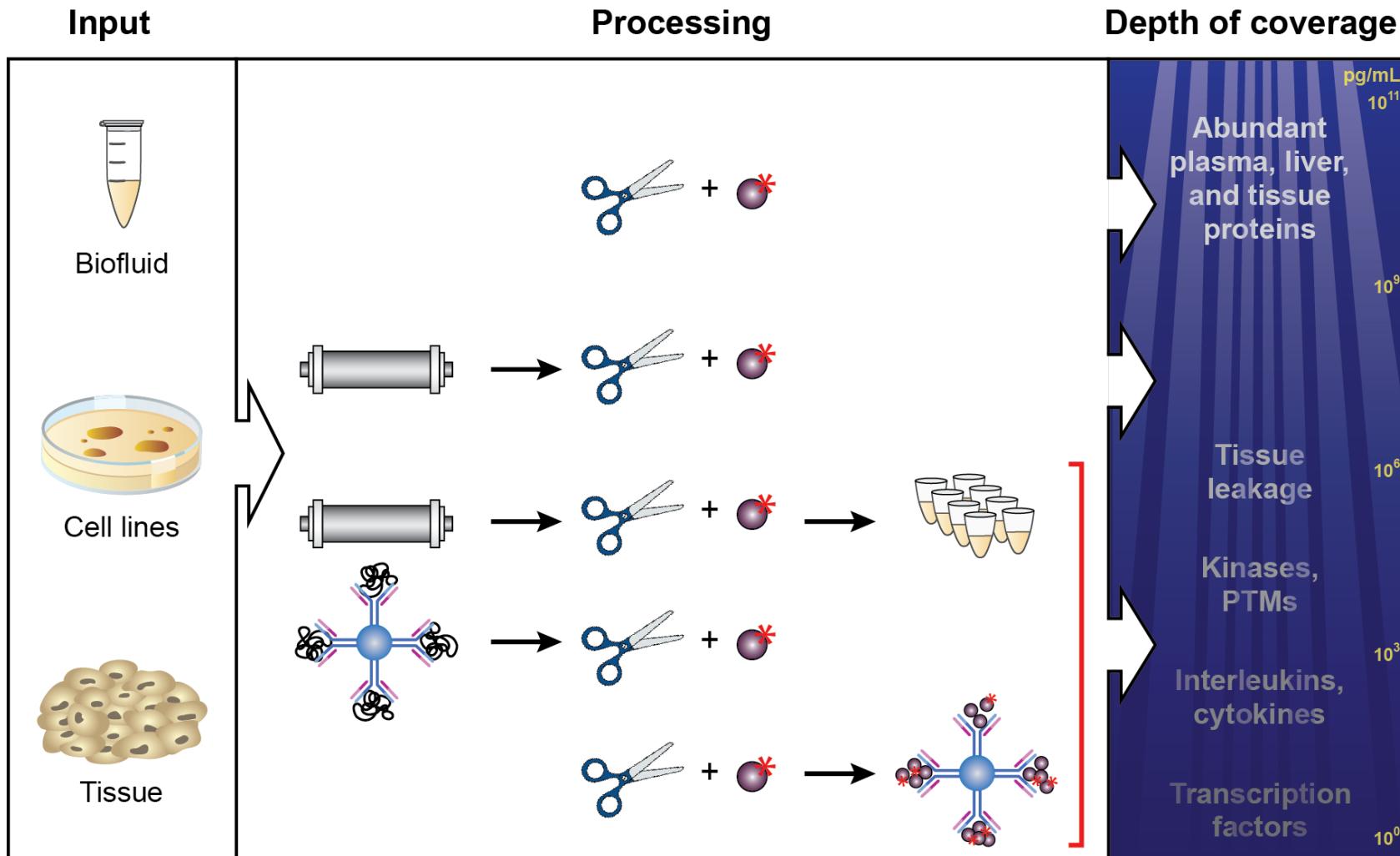


800 MRM assays; 2400 transitions

## Numerous, well documented Studies

- Addona (2009) *Nature Biotech*
- Whiteaker (2011) *Mol Cell Proteomics*
- Addona (2011) *Nature Biotech*
- Kuhn (2011) *Mol Cell Proteomics*
- Hüttenhain (2012) *Sci Transl Med*
- Kennedy (2013) *Nature Methods*
- Keshishian (2014) *Mol Cell Proteomics*

# Enrichment methods increase limits of detection



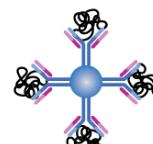
Digest to peptides,  
add internal standard



Depletion



Fractionation



Affinity enrich  
proteins

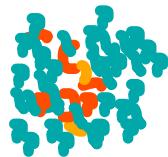


Affinity enrich  
peptides

Gillette and Carr  
*Nature Methods*, 2013

# MRM-MS with Ab-capture of peptides decreases assay complexity and increases robustness (iMRM or SISCAPA<sup>1</sup>)

Peptides in digested sample

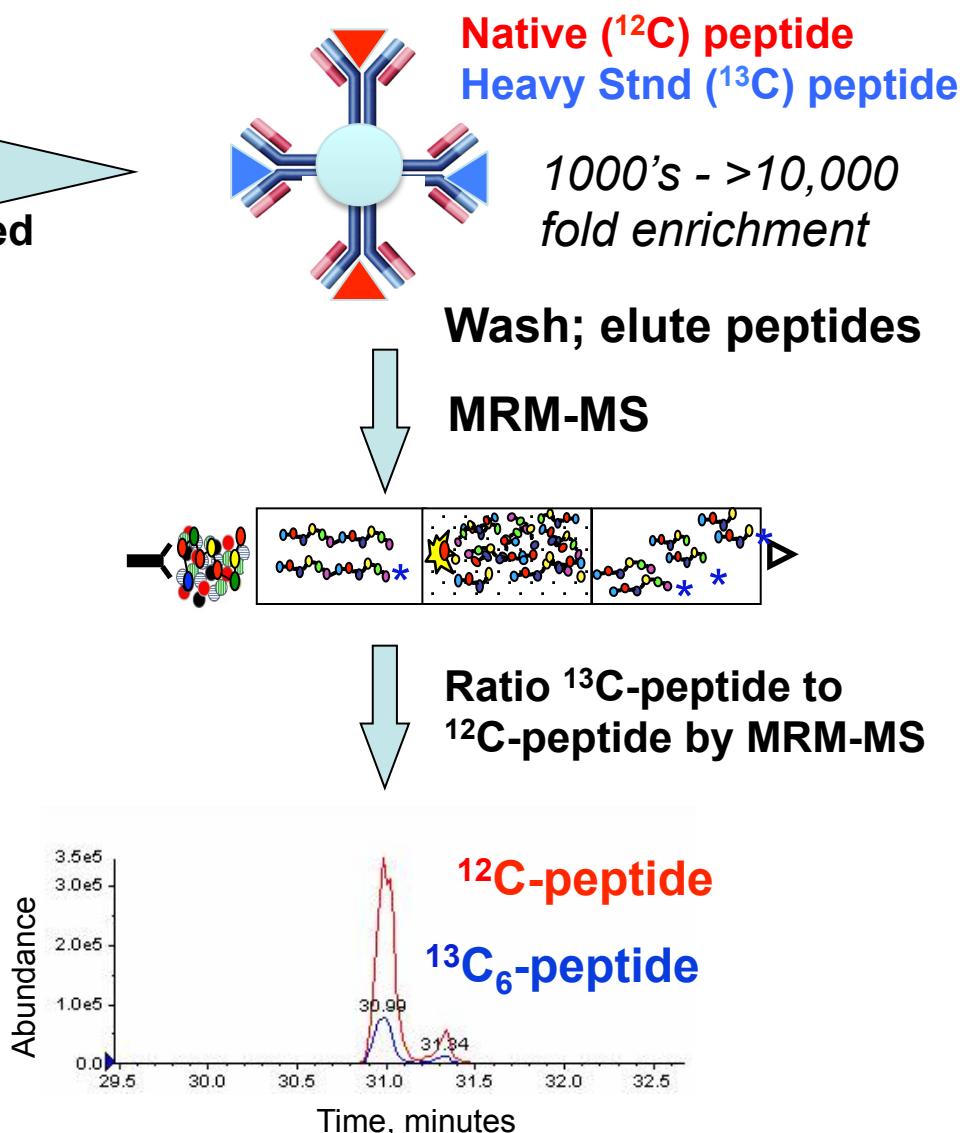


Add <sup>13</sup>C-labeled signature peptide

Capture on Ab-coated magnetic beads

## Advantages of SISCAPA

- Simpler sample handling prior to LC-MS/MS to reach ng/mL
- Only requires 1 Ab
- Easy to obtain useful anti-peptide Abs (>75% success)

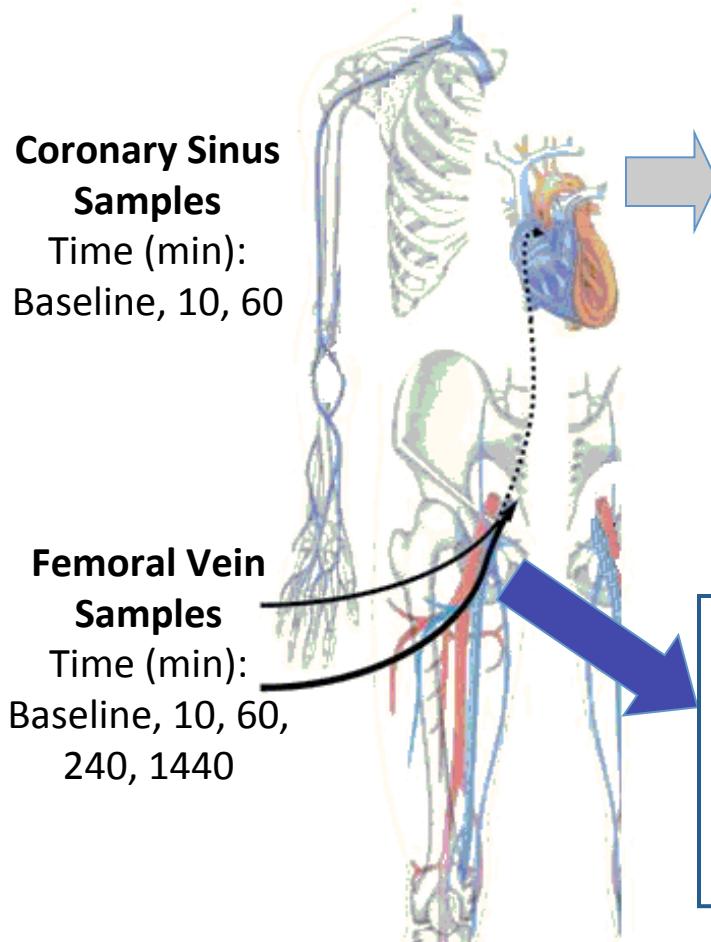


# When Would You Use Targeted Quantification?

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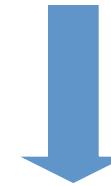
- You have a candidate list (10's - >100) of proteins and/or phosphopeptides you want to repeatedly measure under varying conditions, cell types, etc.
  - Precise, relative quantification across samples
  - Control vs stimulated cell lines
  - Normal vs disease-state tissue or plasma
- Wherever change of abundance is needed
  - Exact peptide sequence is monitored and quantified
  - Small changes in abundance can be determined (<<2-fold)
- Case Studies

# Discovery and Verification proteomics in a human model of myocardial injury: planned myocardial infarction (PMI)



## *Discovery*

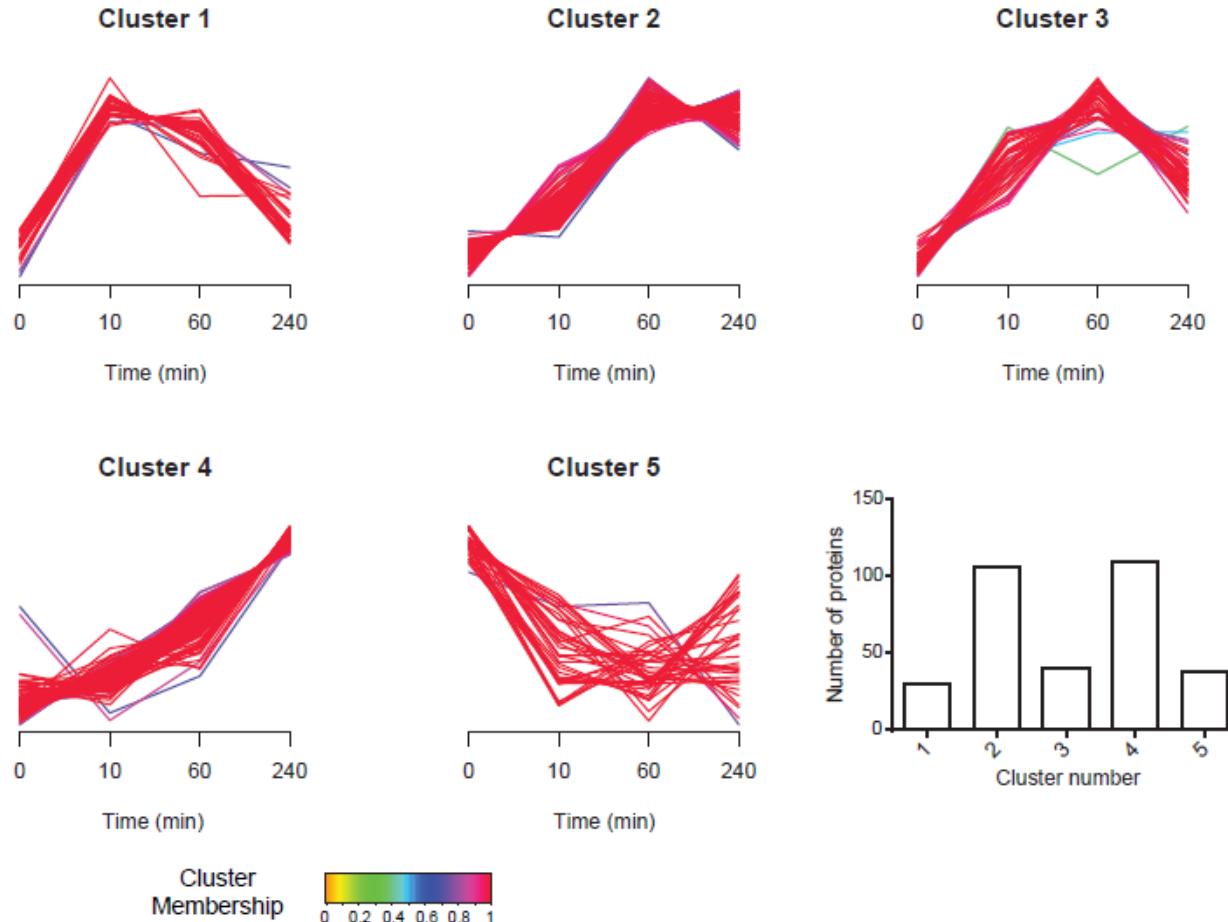
Goal: Generate list of candidate protein biomarkers and specific peptides to target  
Technique: LC-MS/MS with extensive fractionation  
Sample: Proximal fluid (coronary sinus)



## *Quantitative Verification*

Goal: Quantify protein abundance in cases, controls  
Technique: fraction-MRM-MS and immunoassay  
Sample: Peripheral plasma of cases (PMI, SMI, ischemia) and controls (routine catheterization)

# Fuzzy C-means clustering identified 333 regulated proteins in 5 clusters: pick peptides from proteins of interest from each cluster



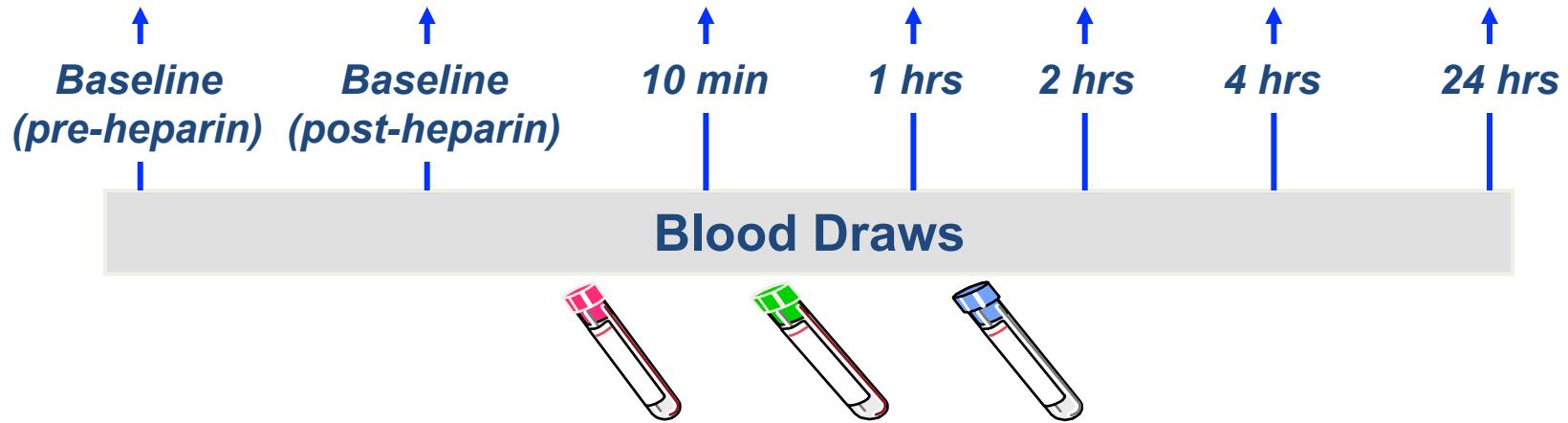
# 23 Antibodies for 23 Peptides/ 13 Protein targets

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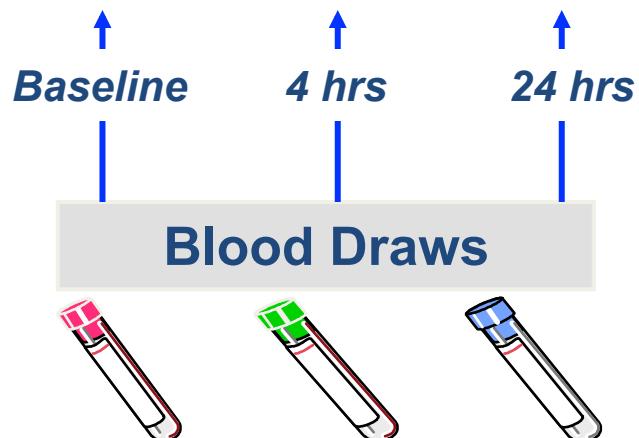
Protein	Peptide	Ug Ab in the mix
Troponin I	NITEIADLTQK	2
IL 33	TDPGVFIGVK	2
	VLLSYYESQHPSNESGDGVDGK	2
ACLP Aortic carboxypeptidase-like protein 1	ILNPGEYR	2
	DTPVLSELPEPVVAR	2
FHL1 four and a half LIM domains 1 isoform 5	AIVAGDQNVEYK	2
	NPITGFGK	2
MYL3 Myosin light chain 3	AAPAPAPPPEPERPK	2
	ALGQNPTQAEVLR	2
	HVLATLGER	2
TPM1 Isoform 4 of Tropomyosin alpha-1 chain	LVIIESDLER	2
	SIDDLEDELYAQK	1
	HIAEDADR	2
ITGB1 Isoform Beta-1C of Integrin beta-1	GEVFNELVGK	1
TAGLN2 Transgelin-2	ENFQNWLK	2
TAGLN1 Transgelin-1	AAEDYGVIK	2
FGL2 Fibroleukin	ELESEVNK	1
	EEINVLHGR	2
SCUBE2 Signal peptide	GSVACECRPGFELAK	2
FSTL1 Follistatin-related protein 1	IQVDYDGHCK	2
	LDSSEFLK	2
SPON1 Spondin-1	VEGDPDFYKPGTSYR	2
	AQWPAWQPLNVR	2

# Patient samples for immunoMRM (iMRM)

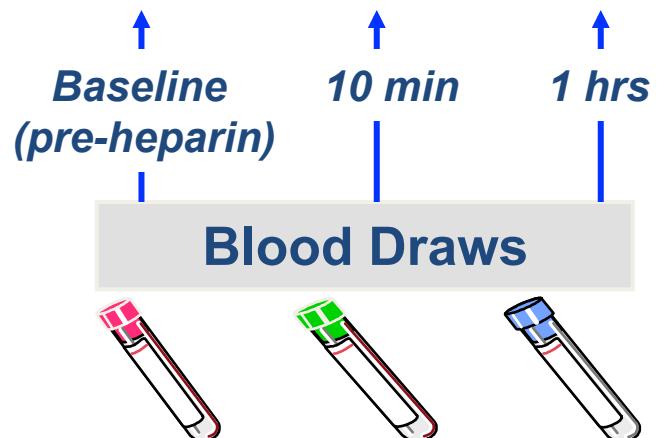
## Planned MI patient samples (12)



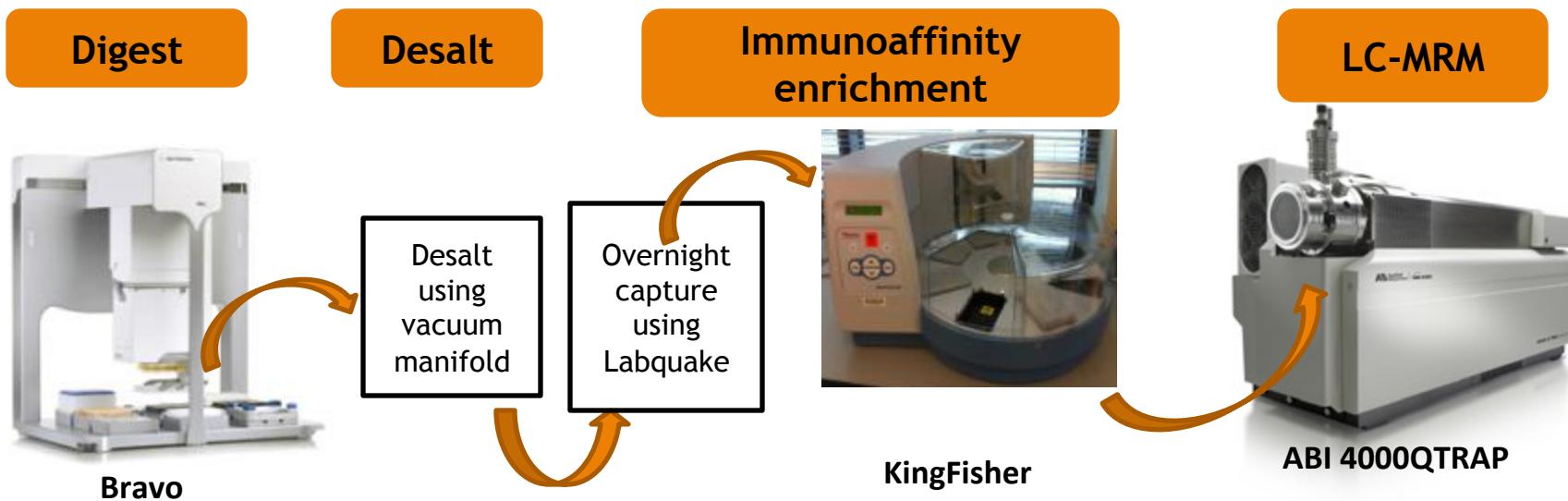
## MI patient samples (22)



## Cath. Control patient samples (8)



# Overview of Broad's Automated iMRM Workflow



**Plate of 30ul Digested Plasma (not depleted)**

- Add heavy peptide mix over after digestion, prior desalting

**Capture Target Peptides**

- 23 antibody Mastermix
- 2ug beads per ug Ab
- Crosslinked Ab to bead

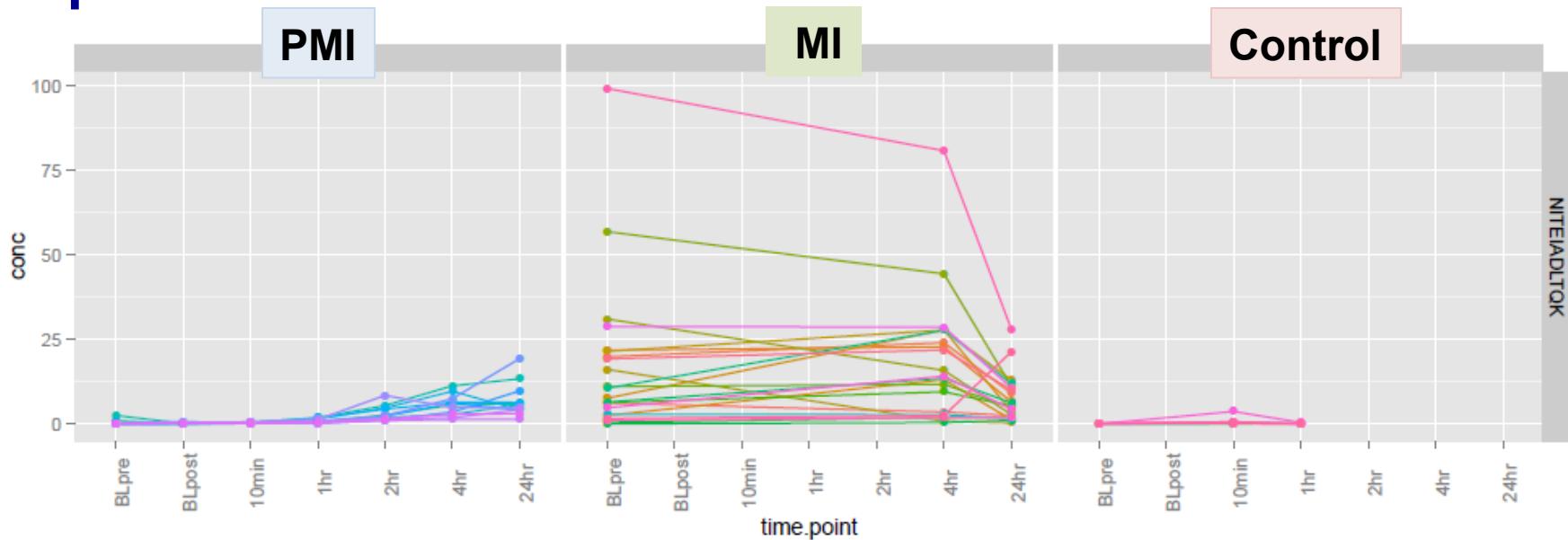
**Wash and Elute Target Peptides**

- Wash 2x in 1x PBS, 0.03% CHAPS
- Wash 1x in 0.1x PBS, 0.03% CHAPS
- Elute in 3%ACN, 5% HOAc

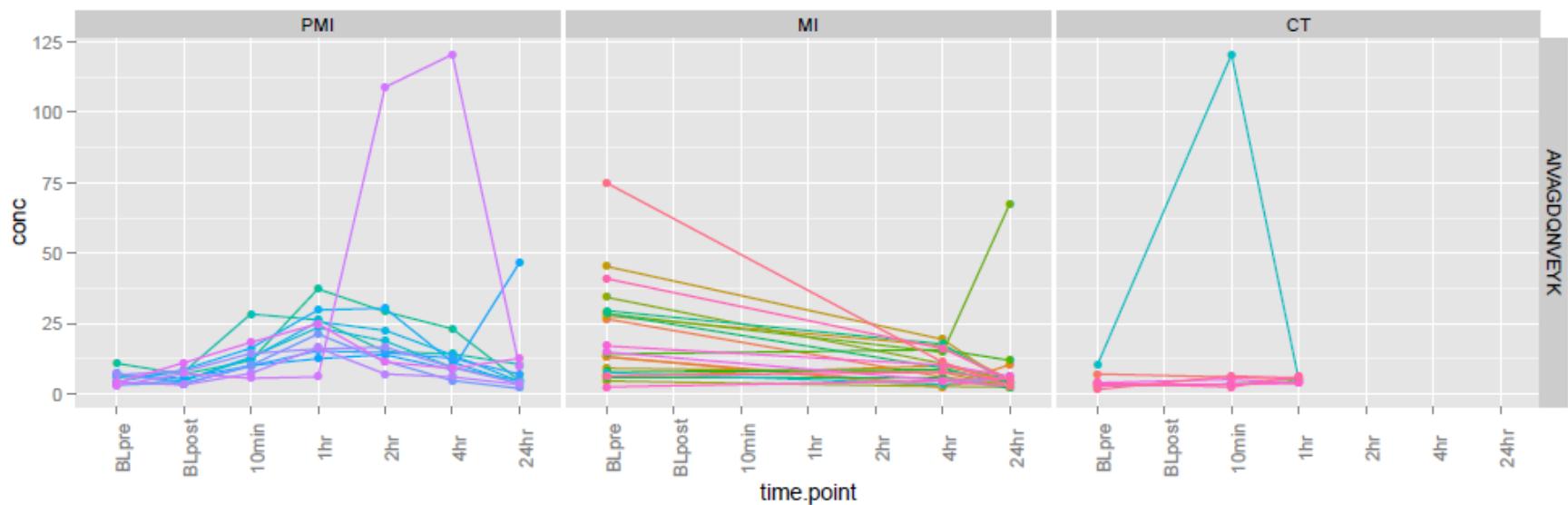
**Analyze**

- LC-MRM-MS
- Skyline
- QuaSAR

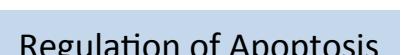
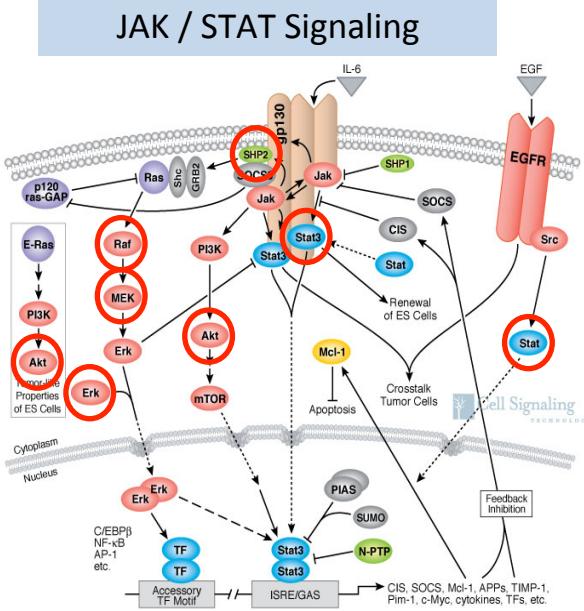
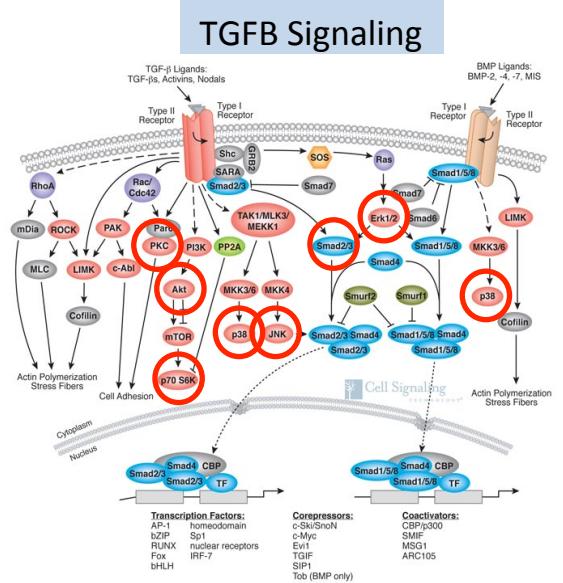
# Troponin I



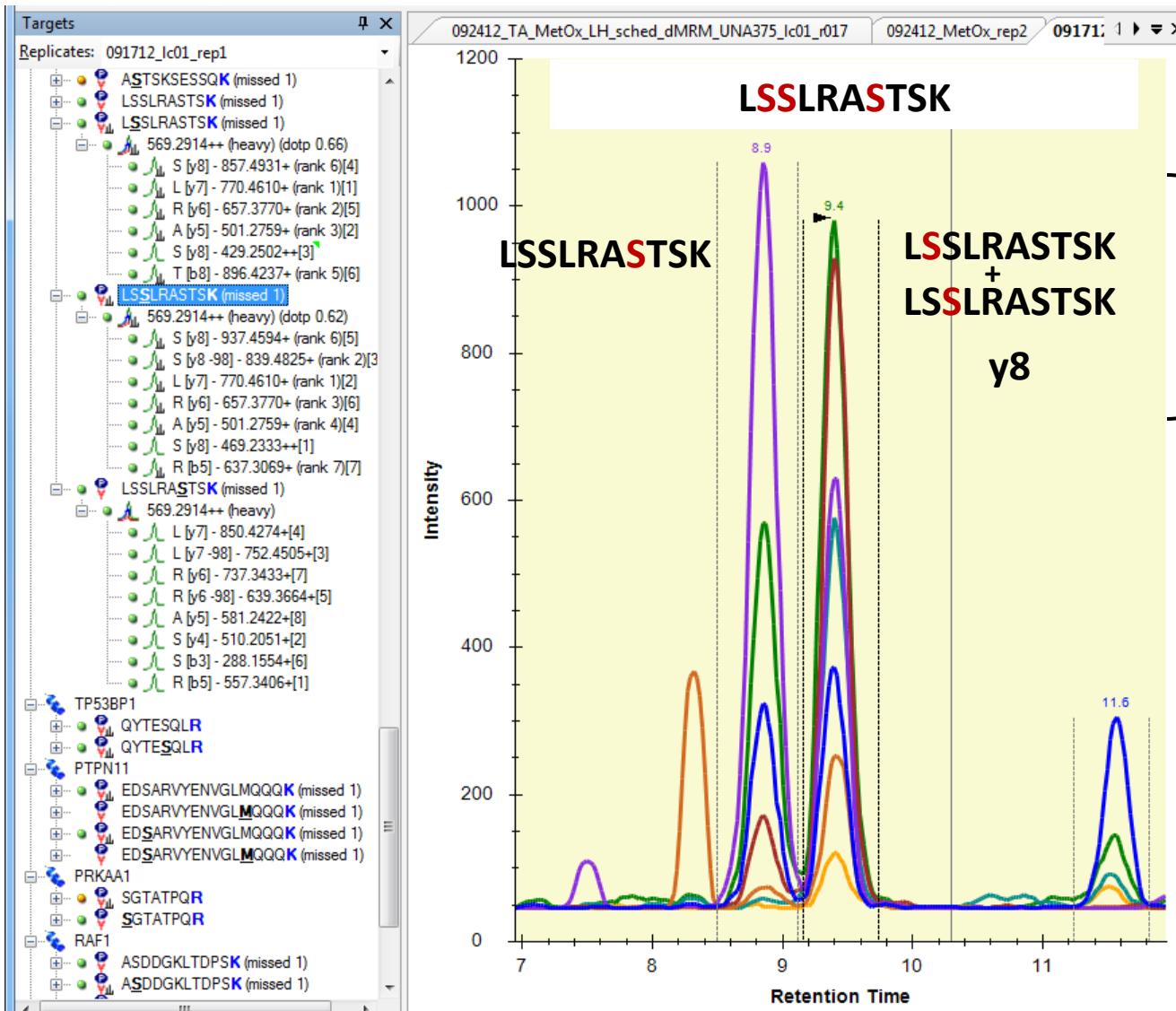
# FHL1



## Case Study 2: Quantification of Phosphopeptides

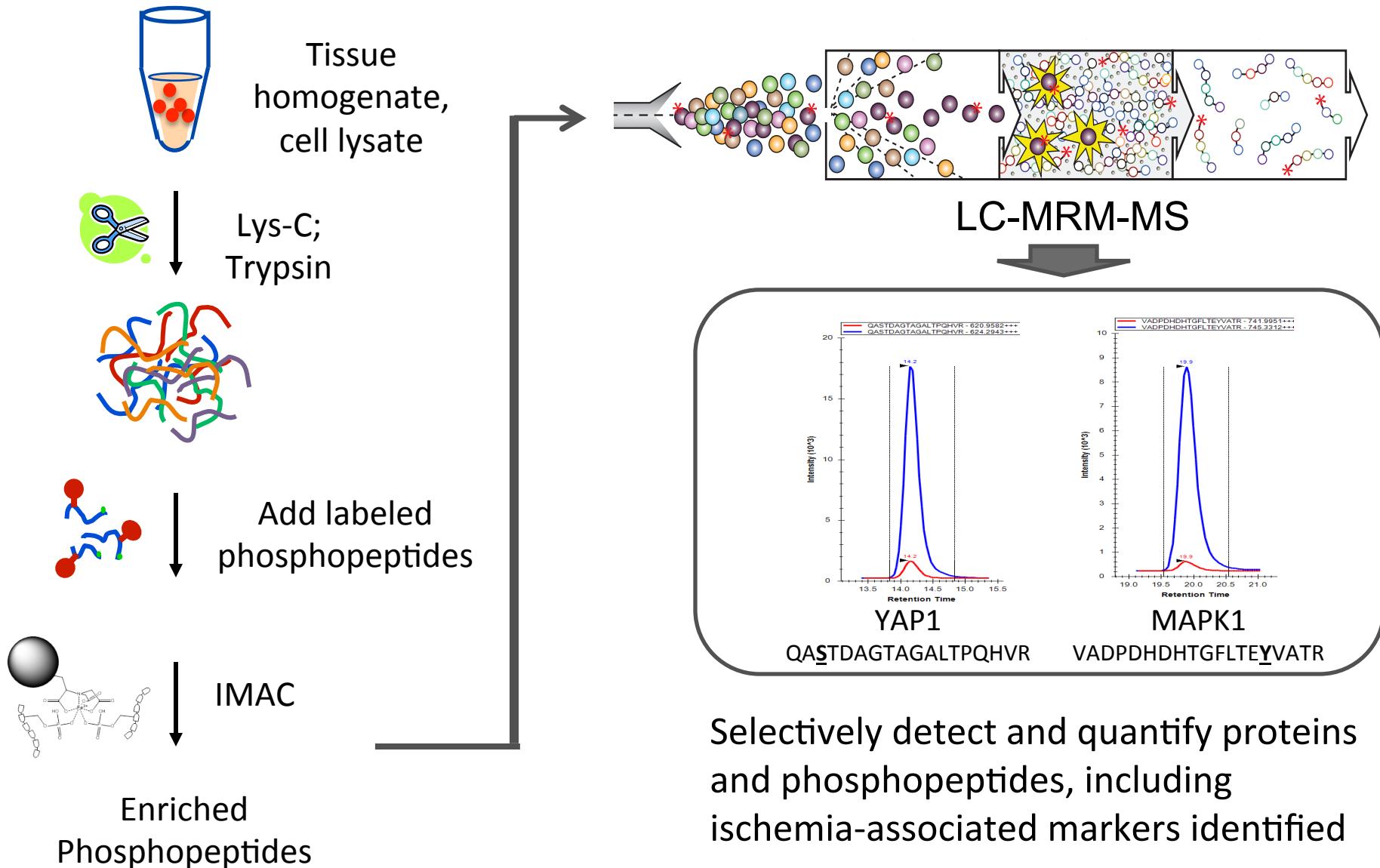


# Challenges with Phosphopeptide Isoforms



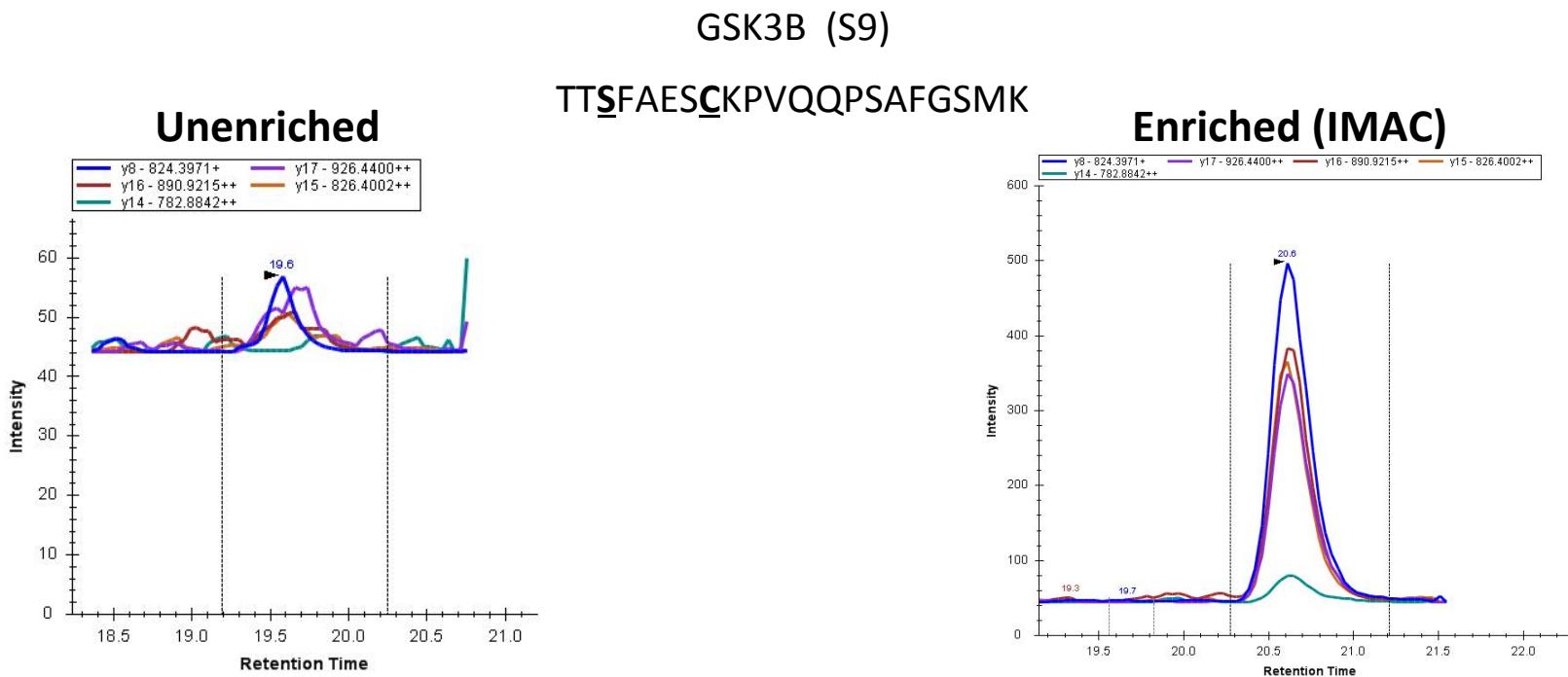
- ❖ Co-elution AND same molecular mass:  
Limits number of transitions for quantification
- ❖ Even if peptides don't co-elute,  
identifying which is which is challenging without standards

# Develop targeted-MS peptide and phosphopeptide marker panels

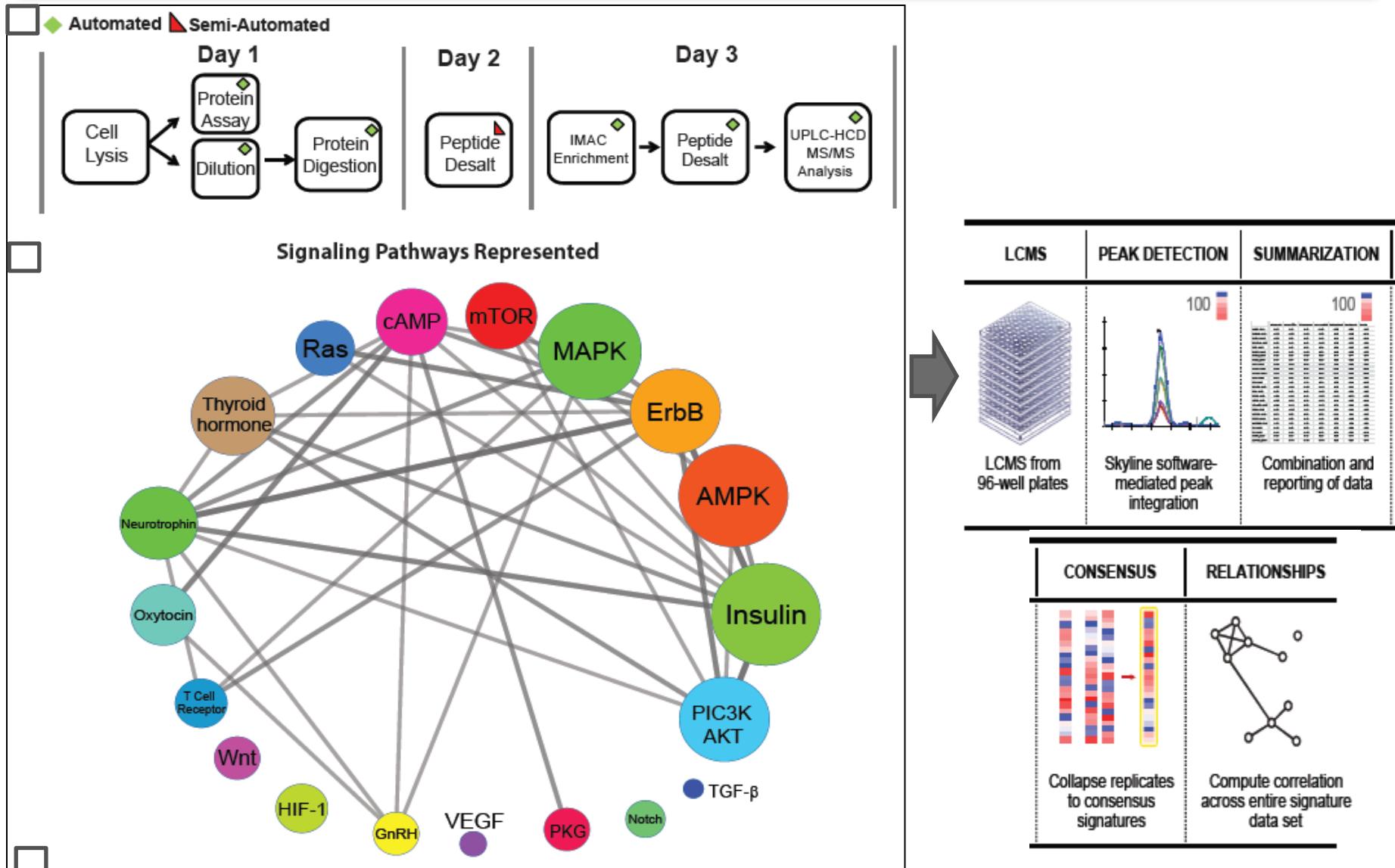


# Enrichment is necessary for phosphopeptide measurements

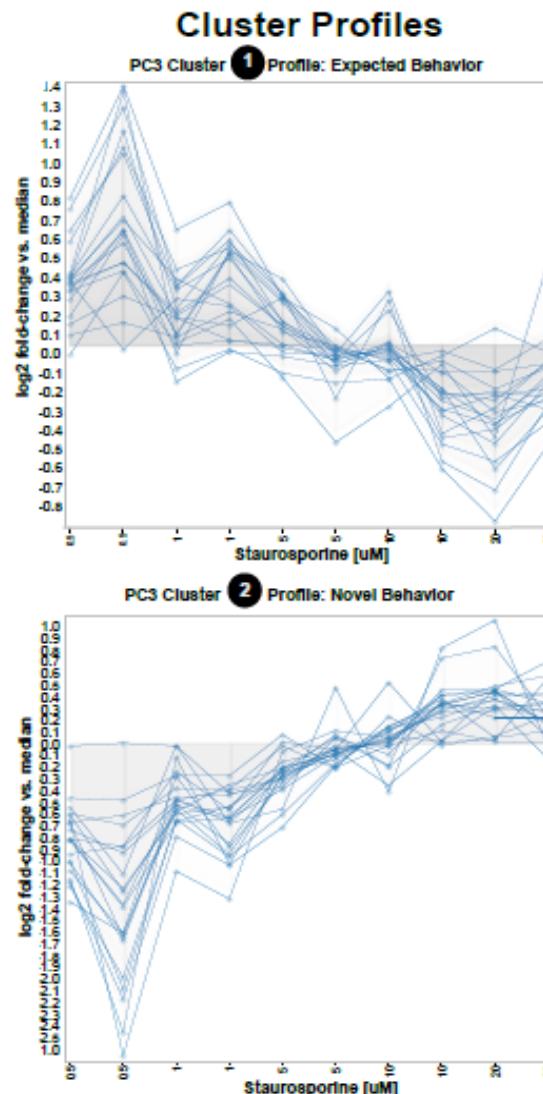
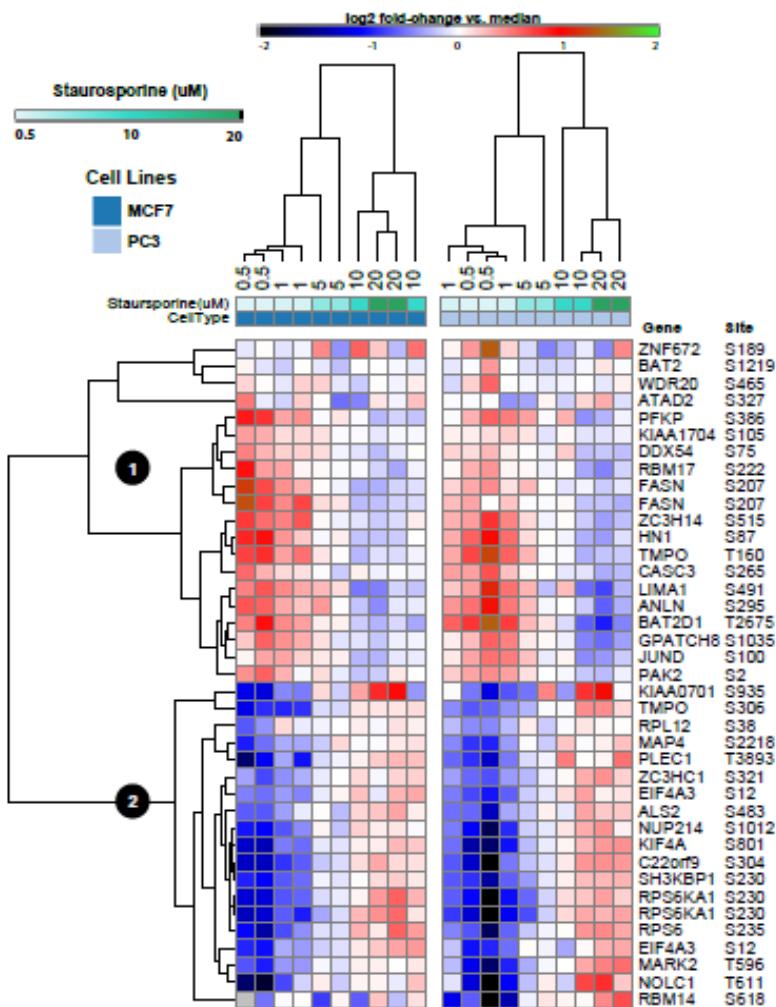
- There is no significant endogenous signal for phosphorylated targets in unenriched samples
- Enrichment increases detection of some of the endogenous peptides in cell lysate
- After enrichment, percent of SM hits that are phosphorylated is 98-99%



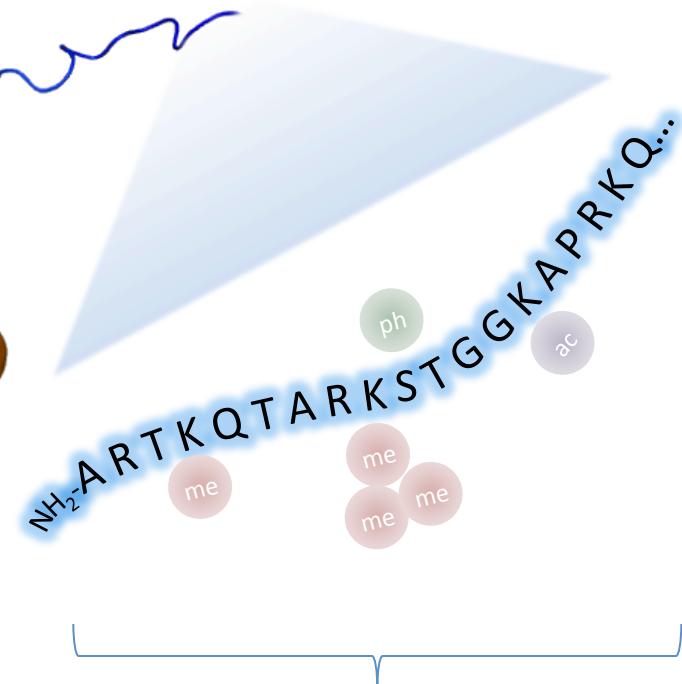
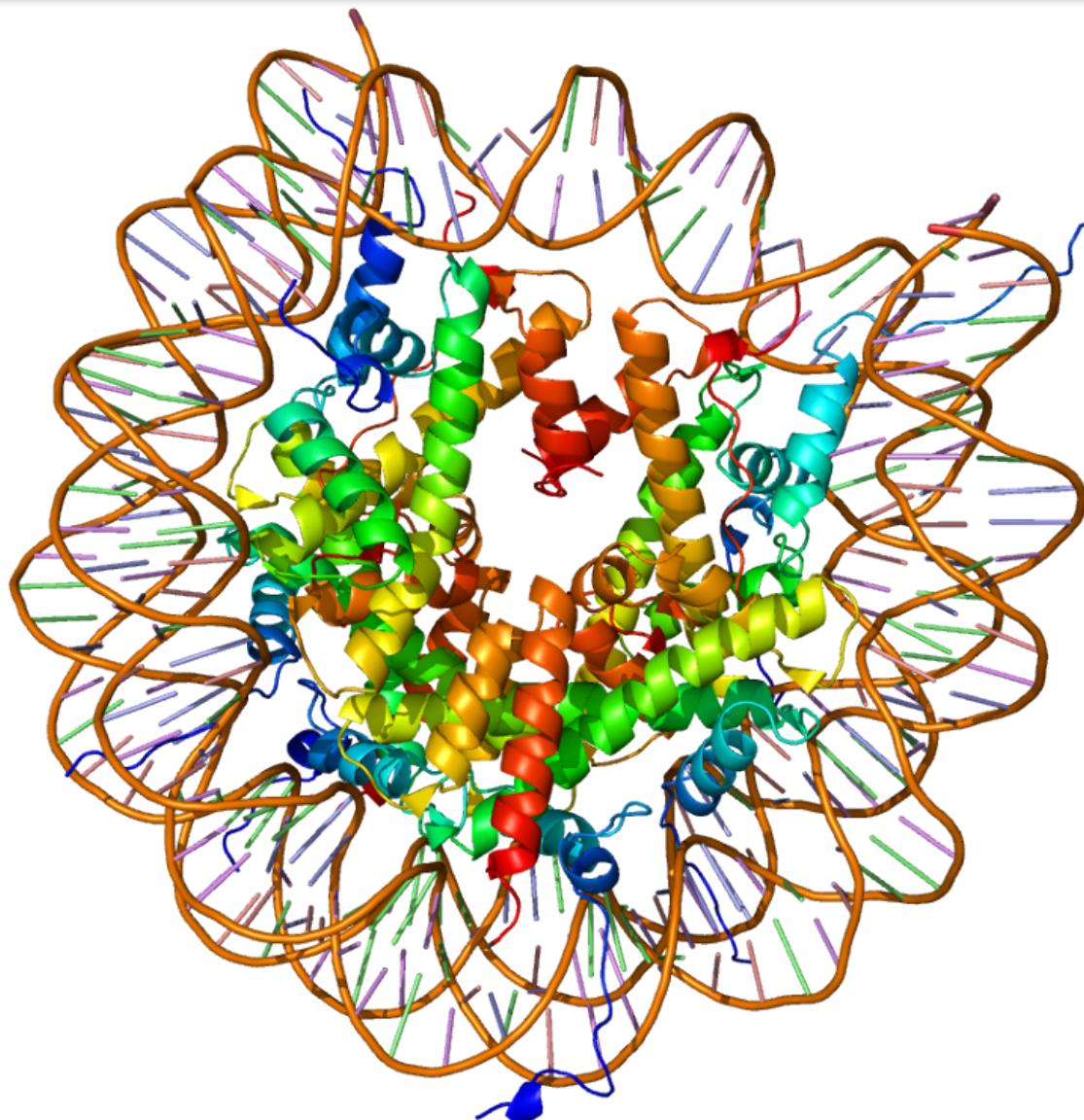
# Measuring phosphosites to discover similarities in cell signaling among phenotypes elicited by drug treatment (“P100 assay”)



# Example application of P100 Assay: dose response to kinase inhibitor



# Case Study 3: Histones and their post-translational modifications



Associated with transcriptional regulatory states of genomic loci

# Histones are not amenable to traditional proteomics approaches

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	10	20	30	40	50	60
	ARTKQ <b>TARKSTGGKAPRKQLATKAARKSAPATGGVKKPHRYRPGTVALREIIRR</b> YQ <b>KSTEI</b>					
<b>Histone</b>						
	70	80	90	100	110	120
<b>H3:</b>	LIR <b>KLPFQR</b> LVREIAQDF <b>KTDLRF</b> QSSAVMALQEACEAYLVGLFEDTNLCAIH <b>AKRVTIM</b>					
	130					
	PKDIQL <b>AARR</b> RGERA					
			Red: Trypsin cleavage sites			

- Trypsin digestion would create many short peptides and would do so inconsistently due to presence of numerous inhibiting modifications

# Histones are not amenable to traditional proteomics approaches

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10                    20                    30                    40                    50                    60

**ARTKQTARKSTGGKAPRKQLATKAARKSAPATGGVKKPHRYRPGTVALREIRRYQKSTEL**

**Histone**                    70                    80                    90                    100                    110                    120

**H3:**                    **LIRKLPFQRLVR****EIAQDFKTDLRFQSSAVMALQEACEAYLVGLFEDTNLCAIHAKRVTIM**

130

**PKDIQLARRIRGERA**

- Propionylate lysine
  - Consistent peptides
  - Helps with retention since histone peptides are very hydrophilic

# Highly multiplexed MRM-MS is an equally valuable tool in biology: assays for modified peptides

Monomethyl = 14.0157

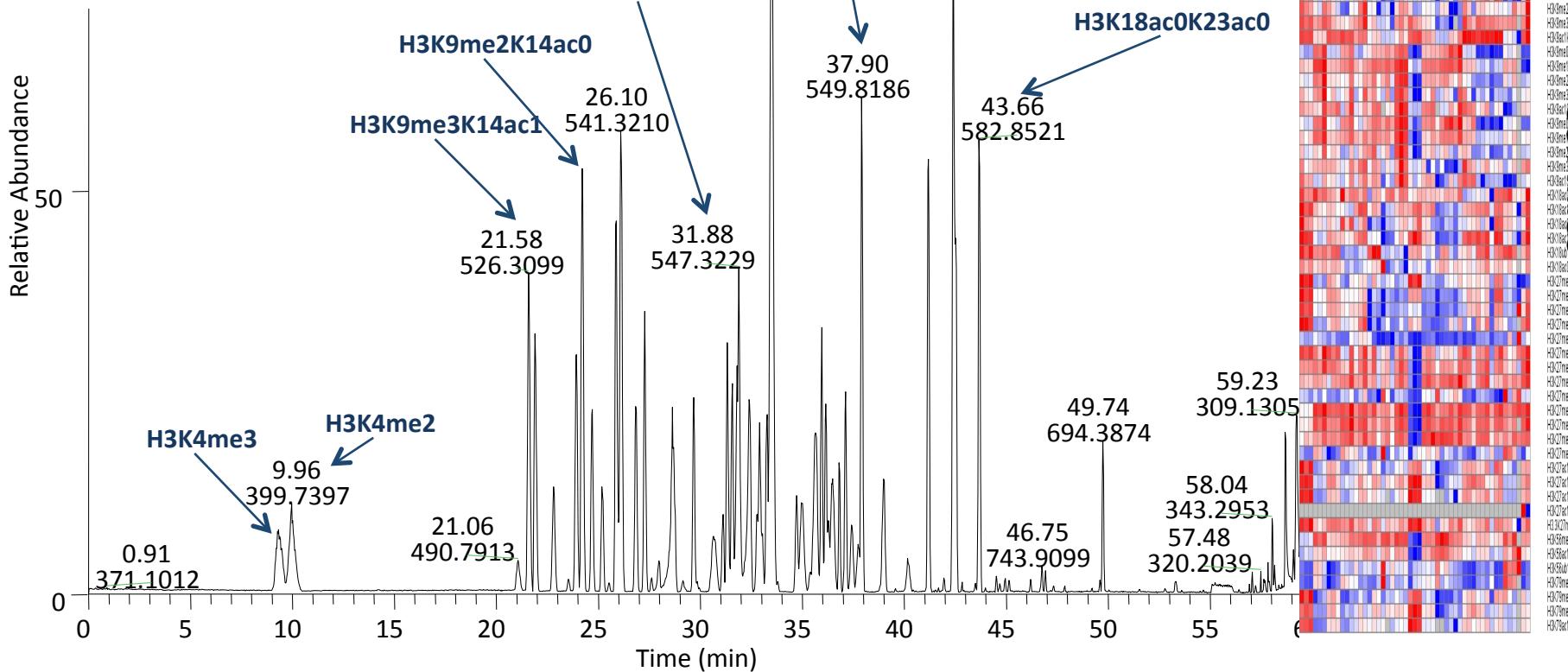
Dimethyl = 28.0313

Trimethyl = 42.0470

Acetyl = 42.0106

Phosphoryl = 79.9663

Ubiquityl stub = 114.0429



# Benefits of Targeted MS for peptide/protein assays

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- High molecular specificity
- Quantitative
- Works in any matrix (cells, tissue, plasma, urine, etc.)
- Works equally well for posttranslationally modified peptides
- Sensitivity and assay performance already sufficient to assay many proteins of interest (mid-pg/mL to high ug/mL)
- Interferences can be detected and avoided (unlike Westerns, IHC, immunoassays, aptamers)
- Does not require immunoassay-grade antibodies (2/protein)
- Assays can be highly multiplexed (>100 plex now routine)
  - Not possible with antibodies; can be done with aptamers
- Assays are transferable with high interlab reproducibility
- Multiple MS platforms now capable of targeted MS experiments (not just triple quads any longer)

# References

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2. Gillette MA and Carr SA. Quantitative analysis of peptides and proteins in biomedicine by targeted mass spectrometry. *Nat Methods* (2013) 10(1): 28-34.
3. Carr SA et al. Targeted Peptide Measurements in Biology and Medicine: Best Practices for Mass Spectrometry-based Assay Development Using a Fit-for-Purpose Approach. *Mol Cell Proteomics* (2014) 13(3): 907-917.
4. Addona T. et al., “A pipeline that integrates discovery and verification of plasma protein biomarkers reveals candidate markers for cardiovascular disease”, *Nature Biotechnology* (2011) 29: 635
5. Creech AL et al. Building the Connectivity Map of epigenetics: Chromatin profiling by quantitative targeted mass spectrometry. *Methods* (2014) Nov 6.
6. Abbatiello SE et al. Large-scale inter-laboratory study to develop, analytically validate and apply highly multiplexed, quantitative peptide assays to measure cancer-relevant proteins in plasma. *Mol Cell Proteomics* (2015) Feb 18. pii: mcp.M114.047050. in press
7. Keshishian H Multiplexed, Quantitative Workflow for Sensitive Biomarker Discovery in Plasma Yields Novel Candidates for Early Myocardial Injury. *Mol Cell Proteomics* (2015) Feb 27. pii: mcp.M114.046813. in press